

Risk Assessment & Action Plan

Thank you for completing your risk assessment. You will now have considered the risks that exist throughout your venue, detailed the work that you do and identified additional procedures that you will put in place to manage and minimise the risks of injury to your members, staff, volunteers, and visitors.

Please remember that the risk assessment is only a document and it is essential that you follow this up with real action to ensure that your place to play remains safe and secure. Keep revisiting the risk assessment to ensure that actions are completed as planned and as new hazards are identified, plans are put in place to manage these.

Completed by: Amy Foxwell

Completed on: 18/07/2026 12:19

Activities Assessment

Q1 Does the club have documented generic risk assessments relating to club activities?

☒ (YES) – The club has considered the risks and control measures associated with it's activities and documents these. The [Proactive App](#) provides a quick and efficient ways of completing pitch-side risk assessments and pre-session safety checks.

Q3 Does the club have a written, signed and dated Health and Safety policy?

☒ (YES) – The club has and maintains a written, signed and dated Health and Safety policy.

Q2 Does the club ensure that prior to each game and training session a check is conducted to ensure the continued efficacy of the generic risk assessment and introduces new control if necessary?

☒ (YES) – The club understands the need to assess the risk of harm prior to any game and training session and does so. Any adjustments made to the original generic risk assessment should be recorded. The [Proactive App](#) provides a quick and efficient ways of completing pitch-side risk assessments and pre-session safety checks.

Q4 Does the club have a GDPR compliant accident book and a nominated person responsible for the accident book?

☒ (YES) – The club maintains a GDPR compliant accident book for the recording of accident details and does have a nominated person responsible for the accident book.

Q5 Are all coaches, committee members and other appropriate members aware of the emergency safety procedures, including the location of first aid kits, fire fighting equipment and defibrillators?

☒ (YES) – Details of emergency safety procedures and the location of all emergency equipment are provided to all coaches, committee members and other appropriate members.

Q7 Does the club follow RFU policies and procedures with regard to concussion and are all coaches and relevant members appropriately trained?

☒ (YES) – The club follows RFU policies and procedures with regard to concussion and all coaches and relevant members are appropriately trained

Q9 Does the club have appropriate policies and procedures in place to manage the risk of infection by contagious diseases, including COVID-19?

☒ (YES) – The club has appropriate policies and procedures in place to manage the risk of infection by contagious diseases, including COVID-19

Q6 Is there a club membership form, health declaration, and emergency contact information form in place with records kept in line with GDPR?

☒ (YES) – The club records relevant and up to date medical and emergency contact information for all members and participants. Records are kept in line with GDPR.

Q8 Does the club follow RFU policies and procedures with regard to the safeguarding of children and adults at risk?

☒ (YES) – The club follows RFU policies and procedures with regard to the safeguarding of children and adults at risk

Q10 Is Personal Protective Equipment (PPE) provided to members and staff who undertake grounds maintenance or any other high risk activities?

☒ (YES) – The club recognises the risk of harm to users of equipment and ensures that appropriate Personal Protective Equipment (PPE) is provided to members and staff who undertake grounds maintenance or any other high risk activities

Facilities Assessment

Q11 Are all chemicals on site stored and used correctly and in line with manufacturers guidelines?

☒ (YES) – The club recognises the risk of harm caused by misuse of chemicals and ensures these are kept and used in line with COSHH requirements.

Q12 As a club are you responsible for the management of the premises including buildings such as club house, changing room and equipment stores? (If you are a tenant, you should refer to your tenancy and your landlord for clarification)

☒ (YES)

Q13**Are your buildings currently insured?**

- ☒ (YES) – The clubhouse is a valuable asset to the club and it is good management of financial risk to ensure this is appropriately insured, protecting the club against potential costs should the property be damaged (for example by fire)

Q15**Has a fire risk assessment been completed for the clubhouse/ property?**

- ☒ (YES) – The club has a completed fire risk assessment.

Q17**Is the fire alarm system subject to 6 monthly inspections by a competent person?**

- ☒ (YES) – The fire alarm system is inspected at least every 6 months and remedial actions taken by a competent person.

Q19**Following the fire risk assessment is there recommended emergency lighting installed and inspected monthly and annually?**

- ☒ (YES) – An emergency lighting system is installed and inspected manually and annually in line with BS5266

Q21**Is there a fully functioning security/intruder alarm fitted within the premises?**

- ☒ (YES) – The club has a fully functioning security/intruder alarm within the premises.

Q23**Did the asbestos survey identify asbestos on the premises?**

- ☒ (YES)

Q14**Have you had a valuation survey to confirm whether you are insuring your property to the correct rebuilding cost within the last 3 years?**

- ☒ (YES) – The club recognises the importance of insuring its property for the correct amount, to avoid potential issues relating to underinsurance in the event of a claim, which could leave the club facing substantial costs.

Q16**Is there a fully functioning fire alarm and monitoring system installed?**

- ☒ (YES) – The club has a fully functioning fire alarm system.

Q18**Does the club ensure fire fighting appliances (extinguishers, fire blankets etc) are available and maintained annually or following use or damage?**

- ☒ (YES) – The club has appropriate fire fighting appliances and keeps them maintained.

Q20**Are evacuation points clearly marked and information posted with regards where they are located?**

- ☒ (YES) – Evacuation points are clearly marked and information is posted with regards where they are located

Q22**Have you completed an asbestos survey?**

- ☒ (YES)

Q24**Does the club have a procedure in place for managing exposure to any asbestos materials on site?**

- ☒ (YES) – The club has an asbestos register, risk assessment and management plan.

Q25

Are the premises secured at night to prevent unauthorised access, damage, or theft?

- ☒ (YES) – The club secures the premises at night to prevent unauthorised access.

Q27

Are all portable electrical appliances inspected annually by a qualified electrician and any defect identified remedied?

- ☒ (YES) – The club has portable electrical appliances checked in accordance with PAT regulations.

Q29

Does the club have an up to date water risk assessment (Legionella Risk Assessment) which includes irrigation tanks?

- ☒ (YES) – The Club is aware of its duties to manage water (Legionella) effectively to avoid exposing volunteers, staff, players, visitors and children to potentially deadly Legionella bacteria. The Club has carried out a risk assessment on the hot and cold water systems including irrigation tanks in the last two years.

Q31

Are appropriate steps taken to manage the risk of scalding from hot water, such as use of warning signs on wash basins and use of thermostatic showers

- ☒ (YES) – The club has identified the risk of scalding from hot water and has taken appropriate steps to manage this risk, by installing thermostatic showers where appropriate and displaying signs to warn of the risks caused by hot water.

Q26

Are all electrical installations, sockets etc. checked annually by a competent person as part of the regular maintenance programme with an Electrical Installation Condition report produced every 5 years?

- ☒ (YES) – The club recognises the risks associated with electricity and ensures that a competent electrician inspects the electrical installations on a regular basis to ensure everyone who uses the facility is not harmed.

Q28

If you have a gas boiler is it serviced annually by a Gas Safe Engineer?

- ☒ (YES) – The club recognises the risk of a poorly maintained boiler and ensure this is serviced annually by a Gas Safe Engineer

Q30

Is there an up to date plan for dealing with water risk (Legionella)?

- ☒ (YES) – The club manages water risks (Legionella) effectively using a written plan and records put together by a competent person.

Q32

Are facilities provided within the changing rooms to safely dispose of soiled waste, sanitary products, dressings, etc.?

- ☒ (YES) – The Club recognises that soiled dressings / dressings which are disposed of in the changing rooms and / or showers can present a risk to other changing room / shower users from cross infection via cuts or inhaling/ ingestion or absorption. Bins are provided in the changing rooms which are purely for the safe disposal of soiled dressings / bandages. Sanitary bins re provided in female changing rooms and toilets. The bodily fluids bin has a bio-hazard bin liner. The person(s) responsible for the removal of the bio-hazard bag will have the appropriate PPE to wear and know where to dispose of the bag.

Q33**Is non slip flooring provided in the showers and changing rooms**

☒ (YES) – Non slip flooring provided in the showers and changing rooms

Q35**If the club has lifts, platform lifts, ramps or other accessibility equipment, is this equipment maintained to the manufacturer/installer recommendations?**

☒ (YES) – The club recognises that the safe reliable working of this equipment is important and should keep and file a copy of all service documents and log that all service actions have been met.

Q37**Is there a policy in place to ensure all spills are reported and cleaned up as soon as possible, to avoid the risk of slips and trips?**

☒ (YES) – The club recognises that spills happen and procedures in place to ensure they are reported and cleaned up as soon as possible.

Q34**Does the club have accessible facilities?**

☒ (YES) – The club has accessible facilities for those with additional needs and varying abilities.

Q36**Is there a documented maintenance programme in place to ensure that all club facilities and equipment are in good condition according to manufacturer guidance?**

☒ (YES) – The club recognises the risk of harm caused by faulty equipment and facilities. A documented maintenance programme is in place to ensure all are kept in good condition.

Q38**Are risk assessments completed in respect of all specialist roles related to the management of bar facilities, including management of deliveries, line cleaning, barrel changing and glass collection and are relevant staff and volunteers appropriately trained in these activities?**

☒ (YES) – The club recognises the risks associated with running bar facilities. Risk assessments are completed in respect of all specialist roles related to the management of the bar, including management of deliveries, line cleaning, barrel changing and glass collection and relevant staff and volunteers are appropriately trained in these activities?

Outside Facilities Assessment

Q39**Are there regular, documented inspections of club grounds, buildings, the outfield, nets, car parks, paths, and steps carried out whenever in use?**

☒ (YES) – The club recognises the risk of slips and trips in the club grounds, including paths, steps and car parks. These areas are routinely inspected whenever in use and those inspections are documented for future reference.

Q40**Is there adequate lighting across the site to enable safe walking between facilities to car park etc.?**

☒ (YES) – Lighting is placed in all areas to maintain suitably safe levels to prevent trips and falls. Lighting is included in the regular maintenance checks

Q41

Are routes for cars and pedestrians clearly segregated, defined, and identifiable?

- ☒ (YES) – The club recognises the danger posed to pedestrians in car parks and has taken steps to ensure pedestrian routes are clearly defined and identifiable.

Q42

Are footpaths regularly inspected to ensure they are safe for use and cleared as appropriate (e.g. cleared of ice in winter and vegetation cut back in summer).

- ☒ (YES) – The club recognises that defective, obstructed or unsafe footpaths are a hazard and has appropriate procedures in place to ensure they are kept clear and safe for use.

Q43

Is all grounds maintenance equipment safely and securely stored away and routinely inspected and maintained in line with manufacturers' guidelines?

- ☒ (YES) – Grounds maintenance equipment is safely and securely stored away and routinely inspected and maintained in line with manufacturers' guidelines.

Q44

Is there a documented defective equipment reporting procedure?

- ☒ (YES) – The club recognises the need to remove and repair/dispose of any defective equipment and has a procedure in place to communicate defects to all concerned.

Q45

Are risk assessments completed with regard to the use and maintenance of training equipment, such as scrum machines?

- ☒ (YES) – The club recognises the risk associated with improper use or maintenance of training equipment. Risk assessments are completed with regard to the use and maintenance of training equipment, such as scrum machines?

First Aid Assessment

Q46

Does the club have an appointed Club RugbySafe Lead(s)?

- ☒ (YES) – The Club RugbySafe Lead(s) should be championing player welfare and RugbySafe in the club, this includes tasks such as ensuring the appropriate first aid/immediate care provision is in place. The [Being RugbySafe Toolkit](#) provides key information what roles and responsibilities clubs have around providing a safe and appropriate environment for players, including a suggested role descriptor for the Club RugbySafe Lead role.

Q47

Are all the details on the RugbySafe/Player Welfare section of the club's GMS profile completed and up to date?

- ☒ (YES) – The club should review the information in the RugbySafe/Player Welfare section at the beginning of each season and update it as and when required, as part of this, it is important that clubs confirm that an annual first aid risk assessment has been completed/reviewed, along with the number of first aiders, qualifications, and equipment available. The RFU use this as way of monitoring completion and compliance with the requirements of [Regulation 9 \(Player Safety\)](#).

Q48

Does the club's First Aid/Immediate Care Provision for all training and matches meet (at least) the minimum level set out in the RFU's First Aid & Immediate Care Provision Standards?



(YES) – The [First Aid & Immediate Care Pitch-side Standards](#) set out the minimum operating standards for pitch-side first aid/immediate care provision for all training and matches. It covers all levels of the adult and age-groups community game. The level of provision required will depend on a number of factors including playing level and format i.e., training session, standalone match, or festival. [Regulation 9 \(Player Safety\)](#) sets out that clubs and those involved in arranging any rugby activity must provide a level of first aid/immediate care cover that meets the RugbySafe First Aid/Immediate Care Provision Standards unless good reason to deviate is identified through a specific risk assessment. More information and guidance supporting the First Aid & Immediate Care Provision Standards is available in the [RugbySafe First Aid Provision and Information Toolkit](#).

Q49

Does the club ensure that live risk assessments are carried out and recorded? This includes relevant personnel (e.g., coaches or team managers) completing and recording a pre-session safety check prior to every training session and match. A 'live risk assessment' is the practice of observing, assessing, identifying and (where appropriate) removing/reducing risk in the current environment (e.g., playing area, number of people, facilities, provision etc.).



(YES) – There should be a process in place to check equipment, training area/pitch etc. prior to all training session and matches, both for the safety of those running and taking part in the activity. The [Proactive Reporting System App](#) provides a quick and efficient way of completing pitch-side risk assessments and pre-session safety checks.

Q50

Is there an on-pitch Medical Emergency Action Plan (MEAP) in place for on-pitch incidents?



(YES) – The club's Medical Emergency Action Plan (MEAP) should provide a clear process for what should happen should a serious incident / injury occur, all relevant personnel should be aware of the plan and their role within it. As per [Regulation 9 \(Player Safety\)](#), the MEAP should include (a) access to a telephone to ensure that the emergency services can be contacted immediately when needed; and (b) clear vehicular access for an ambulance or other emergency vehicle. It is recommended that the Club RugbySafe Lead and other relevant individuals are responsible for developing and reviewing the MEAP and ensuring all relevant personnel e.g., coaches, team managers etc. are aware of the plan and their role within it. Best Practice is to have a copy of the MEAP in every first aid kit as well as displayed appropriately in the club. More information on Medical Emergency Action Plans including a template is available on the [RugbySafe Essential Guides, Forms & Template Toolkit](#). [Proactive Reporting System App](#) has a MEAP module, which allows the club to create their specific plan, share it and download it as required.

Q51

Does the club carry out specific risk assessments for any other rugby activity/events e.g., hosting tournaments/festivals?



(YES) – When hosting/running other rugby activities such as tournaments and festivals, the club should ensure the [First Aid & Immediate Care Pitch-side Standards](#) are met or good reason to deviate from them is evidenced in a specific risk assessment. For larger events, additional levels of provision may be required. More information of event risk assessments is available on the [Howden England Rugby Insurance Centre](#). More information and guidance supporting the First Aid & Immediate Care Provision Standards is available in the [RugbySafe First Aid Provision and Information Toolkit](#).

Q52

Are all first aiders/immediate care practitioners appropriately trained? Emergency first aiders should be qualified to a minimum of Level 3 qualification e.g. Emergency First Aid in Rugby Union, Emergency First Aid at Work.

- ☒ (YES) – Please check that the type of personnel and their qualifications are appropriate based on the [First Aid & Immediate Care Pitch-side Standards](#). All appointed emergency first aiders should be qualified to a minimum of Level 3 Emergency First Aid at Work (EFAW) qualification (usually a one day course or at least 6 learning hours). The Emergency First Aid in Rugby Union (EFARU) course is recommended as it covers the specific first aid needs in rugby. However, other first aid qualifications are acceptable. It is important to ensure that all qualifications are kept up to date in most cases a first aid qualification lasts 3 years. Those with an external first aid qualification (i.e. not EFARU) need to ensure that they self-certify on GMS. More information on the EFARU and other appropriate first aid qualifications is available in the [RugbySafe First Aid Provision and Information Toolkit](#).

Q54

Does the club have an Automated External Defibrillator(s) (AED) on-site and have a process for the governance, maintenance, and regular checking of the unit?

- ☒ (YES) – The club should have process in place for the appropriate governance and maintenance. AED's need to be maintained and ideally registered with the local ambulance service and/or on an appropriate online system. [London Hearts](#) can support clubs and provide guidance on the purchase of defibrillators. It also provides support to clubs who already have a defibrillator on site. They have internal funding available of up to £300 per club and can assist you in finding additional funding that may be available for clubs.

Q53

Does every first aider/immediate care practitioner have an appropriately stocked first aid kit available pitch-side for both training and matches?

- ☒ (YES) – The First Aid & Immediate Care Provision standards state that every first aider should have a fully stocked first aid kit with them pitch-side at all training sessions and matches. For more information on first aid kits including a suggested contents list to go the [RugbySafe Essential Guides](#). Additional information and guidance on first aid provision is available in the [RugbySafe First Aid Provision and Information Toolkit](#). [FirstAid4Sport](#) provide high quality, reasonably priced rugby pitch-side first aid kits with specifically selected contents. They also supply a wide selection of first aid consumable items, strapping and other first aid equipment.

Q55

Does the club have a specifically designated first aid area and/or allocated first aid room?

- ☒ (YES) – The designated first aid area/room should be easily recognisable and accessible. Ideally this area/room should be designated for the sole use as first aid room and contain specific requirements such as a first aid equipment store and a clinical waste disposal. More information on what a first aid room should include is available in the [RugbySafe Essential Guides](#). Additional information and guidance on first aid provision is available in the [RugbySafe First Aid Provision and Information Toolkit](#).

Q56

Does the club have other additional first aid / medical equipment e.g., spinal boards and has a process in place for usage, storing it appropriately and ensuring it maintained and regularly checked as appropriate?



(YES) – Please remember that spinal boards and other specialist equipment should only be used by appropriately trained individuals. In most cases, only Health Care Professionals and Immediate Care Practitioners (not First Aiders) are trained to use such equipment. A folding stretcher may be beneficial to have available for use by the ambulance services and other appropriately trained individuals if required. There should be a process in place for the storage, usage, and maintenance of such equipment. More information on what a first aid/medical equipment is available in the [RugbySafe Essential Guide](#) document and [RugbySafe First Aid Provision and Information Toolkit](#). [FirstAid4Sport](#) provide high quality, reasonably priced rugby pitch-side first aid kits with specifically selected contents. They also supply a wide selection of first aid consumable items, strapping and other first aid equipment.

Q57

Does the club have a process in place to ensure that all first aiders, coaches, club referees and other relevant personnel have completed the HEADCASE eLearning module?



(YES) – The RFU's HEADCASE programme aims to increase understanding and provide information on concussion and other related topics, including how to prevent and manage concussions. The club has a key role in promoting awareness and understanding about identifying, supporting, and managing players with a suspected concussion. The club should have a process in place to ensure that all first aiders, coaches, club referees and other relevant personnel (including parents) complete the online HEADCASE eLearning module. To access the HEADCASE resources including the free eLearning module go to the [HEADCASE Toolkit](#).

Q58

Does the club have a process in place to record all concussions and to monitor players through the appropriate Graduated Return to Activity and Sport (GRAS) programme?

- ☒ (YES) – The club plays a critical role in supporting and managing players through the Graduated Return to Activity and Sport (GRAS) programme following a suspected concussion. The club should develop a process to ensure that all players with a concussion are identified and are supported appropriately through the GRAS programme, this should include a process to inform relevant personnel who can support the player through their GRAS where appropriate, for example parent, teacher. Information on the GRAS is available in the [HEADCASE Toolkit](#). The [Proactive Reporting System App](#) includes the HEADCASE Concussion GRAS Tracker, a rugby specific purpose-built online system that is designed to support a player, their parents (where applicable) and coaches through the Graduated Return to Activity and Sport (GRAS) following a concussion.

Q59

Does the club use the Activate injury prevention programme?

- ☒ (YES) – The club has a responsibility to prioritise player welfare within their coaching and training practices. Integrating Activate into training and pre-match sessions, will help:- Improve playing performance- Prepare players for the physical demands of the game- Reduce the risk of injury including concussion, as well as support rehabilitation post injury.- Have more players available (due to less players being injured) Clubs should consider using Activate throughout all age groups and levels to help reduce the risk of injury and ensure players are best prepared. Remember 15 minutes can be added to the age grade training session limits to help integrate Activate effectively into sessions. The free Activate resources, including videos and downloadable resources are available in the [RugbySafe Activate Toolkit](#).

Q60

Does the club collect medical information, a health declaration, and emergency contact information from all players and/or parents/guardians? Is the process GDPR compliant and are the records stored securely?



(YES) – The process should ensure that all players and parents provide relevant and up to date medical information and emergency contact details and where appropriate complete a health declaration/medical waiver e.g., the player has a pre-existing condition and/or has sought medical advice in order to play rugby. ALL records should be kept up to date and must be stored securely and in line with General Data Protection Regulation (GDPR). Best practice would be storing this data in GMS, and whilst it is not obligatory, in the interest of player safety it is strongly recommend clubs do so. Adult players or parents/guardians of age grade players can add notes to their GMS profile with medical information. More information is available in the [Being RugbySafe Toolkit](#).

Q61

Does the club have a process for recording "on-pitch" incidents and injuries that require first aid attention? Is the process GDPR compliant and are the records stored securely?



(YES) – The club should have a process in place to record incidents/injuries both on and off the pitch. Every pitch-side first aider should have access to ensure all on-pitch injuries that require first aid attention are recorded. It is important that these records are kept on a secure, safe and GDPR compliant manner. It is recommended that incident and injury records are kept for at least 3 years for adults. For children they should be kept until the date that the individual turns 21 years old. Clubs with employees (including paid coaches and players) will be subject to the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) 1995. These clubs have a legal requirement to report accidents and ill health at work. Information on this is given by the HSE. [The Proactive Reporting System App](#) provides a quick and efficient system for clubs, to ensure injuries and incidents both on and off the pitch are recorded and maintained in a secure and appropriate manner. More information on injury reporting is available in the [RugbySafe Injury Reporting & Incident Recording Toolkit](#).

Q63**Does the club monitor and review its on-pitch injuries on a regular/seasonal basis?****Q62****Is the club aware on what injuries should be reported to the RFU and does it have a process in place for submitting a report if required?**

(YES) – Please remember that a RFU reportable injury event is defined as either:- An injury which results in the player being admitted to a hospital (this does not include those that attend an Accident or Emergency Department and are allowed home from there).- A death which occurs during or within 6 hours of a game finishing. It is crucial that all reportable injury events are submitted to the RFU in order for the appropriate support to be put in place. More information and the downloadable RFU reportable injury event forms are available via the [RugbySafe Injury Reporting & Incident Recording Toolkit](#). The [Proactive Reporting System App](#) includes an automated RFU reportable injury event function, whereby the user is given the option to submit the report directly to the RFU via the Proactive.



(YES) – Monitoring information on injury and incidents can help you identify trends and areas for improvement in the control of player welfare and safety risks, for example, a training intervention for either the coach and/or players to improve tackle technique. It can also be used for reference in future risk assessments. The club should consider reviewing regular/seasonal injury reports to identify actions/interventions where appropriate. The club should consider signing up to the Community Rugby Injury Surveillance and Prevention (CRISP) project, which provides data in order to compare and assess trends in injury risk across different playing populations and levels of the game. More information on the CRISP project including previous reports and how to get involved is available in the [RugbySafe Research Toolkit](#). The [Proactive Reporting System App](#) provides a quick and efficient system for clubs, to ensure injuries and incidents both on and off the pitch are recorded and maintained in a secure and appropriate manner. The system can be used to identify injury/incident trends.

Additional Information & Considerations

RugbySafe Toolkits

The RugbySafe Toolkits contain the most up to date information on player welfare and safety topics. The RugbySafe Toolkits include:

- Being RugbySafe
- RugbySafe Essential Guides
- Injury Reporting & Incident Recording
- First Aid Provision and Information
- First Aid Training Resources
- Immediate Care Practitioner Information & Training
- HEADCASE
- Activate
- Women & Girls Healthcare
- Mental Wellbeing
- Research – What Can You Do to Help?

Clubs are encouraged to utilise the toolkits and signpost to them regarding any questions or enquiries around these topics. The information available in the toolkits should also be used as part of reviewing club processes and practices related to player welfare and safety.

Visit the [RugbySafe Homepage](#) to access all the toolkits.

Community Rugby Injury Surveillance & Prevention (CRISP) Project

The Community Rugby Injury Surveillance and Prevention (CRISP) project is critical to gaining better understanding and providing data in order to compare and assess trends in injury risk across different playing populations and levels of the game. The CRISP project is ongoing research, which is critical to making the game safer, informing injury prevention strategies, such as law/rule changes and shaping training course content on good practice and safe techniques across all levels of the game.

Clubs should consider getting involved in the CRISP project to play their part in making the game safer for its players.

More information on the CRISP project including previous reports and how to get involved is available in the [RugbySafe Research Toolkit](#).

Mental Health & Wellbeing

Rugby clubs are the heart of many communities. By providing a safe, welcoming and supportive environment they play a vital role in keeping people happy and healthy not only physically but also importantly mentally. Clubs may want to consider having resources in place to support players, coaches and other members to promote positive wellbeing, as well as signposting to services should more specific expert support be needed regarding an individual's mental health.

The RFU are working with Looseheadz, a leading rugby mental health charity, whose goal is to prevent, promote, educate, and signpost through providing free resources to rugby clubs.

For more information on both generic and rugby specific mental health and wellbeing resources, including Looseheadz visit the [RugbySafe Mental Wellbeing Toolkit](#).
